

For Release: Editors—North County Community Calendars
Date: May 20, 2018



New Summer Sunset Tour Series Presented by San Elijo Lagoon Conservancy
This is Nature's Happy Hour In Evenings Aglow with Discovery

Encinitas — Guests of all ages are invited to explore San Elijo Lagoon as daytime heat shifts to cool summer evenings. Through sensory discoveries, tour participants can come away with a greater appreciation of why it's important to protect wetland ecosystems.

Thursday, June 28, 6:30–8:00 pm

Imagine living off the land using resources mostly found in and around the lagoon. Learn about the plants and animals that influenced the lives of Native Americans over the last 10,000 years. Families can see lagoon life in a new light by watching the birds of evening, and taking in the sights, sounds and scents within this dynamic estuary.

Led by Conservancy Naturalists Kathy Dickey and Susan Elliott

Thursday, July 26: 6:30–8:00 pm

Step into the world of healing and edible plants in an ethnobotanical tour. We will discuss the western herbalist uses of many native plants we'll encounter on our hike. Bring a journal or we recommend downloading free apps: Plant Album Lite for iPhone and Plant Diary for Android.

Led by Conservancy Lead Ecologist Shirley Innecken

Thursday, August 23: 5:30–7:30 pm

How do plants survive our dry, hot summers? Discover the adaptive features of the reserve's native plants that are rooted in drought. Learn how to identify diverse plant communities and the unique physical factors that shape these plants into summer survivors. Toast to sunset with naturally sourced foods and drinks infused with lagoon-inspired ingredients.

Led by Denise Stillinger, MiraCosta Professor and Conservancy founder

Register: www.SanElijo.org/Events

Series: \$20 Members | \$30 Public

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San Elijo Lagoon Conservancy is the Southern California nonprofit land trust for the 1000-acre San Elijo Lagoon Ecological Reserve. Its mission is to protect and restore the resources of the lagoon, its watershed, and related ecosystems for the benefit of current and future generations.

Its vision is a world where biodiversity is protected and people act to conserve nature and embrace it as central to a healthy community.

SanElijo.org | (760) 436-3944

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